



# yoga mukti

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## timetable

### Monday

6.00pm Level 2  
7.30pm Foundation

### Tuesday

6.30am Level 3  
6.00pm Level 2  
7.30pm Introduction\*/Foundation+

### Wednesday

6.30am Level 3  
6.00pm Level 1  
7.30pm Introduction\*/Foundation+

### Thursday

6.00pm Level 3  
7.30pm Introduction\*/Foundation+

### Friday

5.30pm Foundation

### Saturday

7.00am Experienced  
8.30am Introduction\*/Foundation+

### Introductory Courses start on:

Sat Mar 17<sup>th</sup> at 8.30am (4-week course)

Wed Mar 21<sup>st</sup> at 7.30pm (4-week course)

Tue Apr 10<sup>th</sup> at 7.30pm (6-week course)

Thur May 3<sup>rd</sup> at 7.30pm (4-week course)

Sat May 19<sup>th</sup> at 8.30am (4-week course)

Wed June 6<sup>th</sup> at 7.30pm (4-week course)

Thur June 28<sup>th</sup> at 7.30pm (4-week course)

Tue July 3<sup>rd</sup> at 7.30pm (6-week course)

Sat July 14<sup>th</sup> at 8.30am (4-week course)

Wed Aug 1<sup>st</sup> at 7.30pm (6-week course)

Thur Aug 23<sup>rd</sup> at 7.30pm (4-week course)

Sat Sep 8<sup>th</sup> at 8.30am (4-week course)

### Courses run for 4 or 6 weeks (1 class per week)

Cost: \$52 (4-week course)

\$78 (6-week course)

\* Booking is essential

+ A course of Foundation Classes follows each Introductory Course.

Casual Class	\$17	(con \$15)
10 Classes (10 weeks to use)	\$150	(con \$140)
20 Classes (10 weeks to use)	\$220	(con \$210)
Unlimited (31 days to use)	\$110	-
4-week Introductory Course (1 class per week, 75min)	\$52	-
6-week Introductory Course (1 class per week, 75 min)	\$78	-

### In 2012 Yoga Mukti will be closed on:

Easter – Friday April 6<sup>th</sup> to Monday April 9<sup>th</sup> incl

Pageant Day – Sat Nov 10<sup>th</sup>

Christmas Break – Mon Dec 24<sup>th</sup> to Wed Jan 2<sup>nd</sup> incl

2013 classes will start Wednesday Jan 3<sup>rd</sup>